



Center Harbor

Meredith

Moultonborough

# Community Caregivers

ISSUE 9 FALL 2010

## THINKING AHEAD - CHARLOTTE LEAVITT, BOARD PRESIDENT

With a glorious summer behind us and the brilliance of fall upon us, it is the time to think ahead and work for the ongoing resources necessary to provide the services of CHMM Community Caregivers. Our neighbors in our three towns clearly need our help as evidenced by their growing number of requests. History is demonstrating the expert's predictions for the demographics of the Lakes Region – increasing numbers of senior citizens!

We have had the help of our volunteers who are away for the winter and reaped the benefits of a fabulous fundraising project, Showhouse 2010. Thanks to Meredith Bay, the Showhouse Planners, Community Health & Hospice and all the work of our staff and volunteers, the Showhouse project was

very successful. Our neighbors' needs have been met through the efforts of our volunteers who fit in many services around their own personal summer activities. I think all will agree that the flexibility of volunteering with CHMM Community Caregivers is a positive feature of our program.

Now we are facing the challenges of the fall and winter months and how best to meet our neighbors' needs. Additional volunteers, particularly volunteers who will serve as coordinators, are desperately needed. While some volunteers will be out of the area for extended times during the winter months, we rely upon those who remain in the beauty of winter in NH to respond to our neighbors.

October is the time of our



Annual Appeal. It is our major funding approach. We depend on the generosity of our friends, neighbors, and businesses to continue our organization. Your neighbors need your help. Please carefully consider your response to the Annual Appeal and know that your money funds direct services to your neighbors.

Thanks to all who help us fulfill our mission. With special caring,

Charlotte Leavitt, President  
Board of Directors



1998–2010

### Inside this issue:

EACH ONE REACH ONE	2
GETTING TO KNOW YOU	
IT'S A WRAP	3
SHOWHOUSE STATS	
ANNUAL APPEAL PREVIEW	4

*All Occasion gift cards are now available from  
CHMM Community Caregivers!*

*Honor a Friend  
Remember a Birthday  
Celebrate a Special Event  
Your donation to Community Caregivers  
Will make a Difference.*

*Call the office for details 253-9275*

*A donation has been made*



### MISSION STATEMENT

**Center Harbor, Meredith and Moultonborough Community Caregivers, a volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.**

## EACH ONE REACH ONE!!!

### FALL LIBRARY SESSIONS

Invite your friends to learn more about CHMM Community Caregivers' mission and meet volunteers who will share their enthusiasm for this caring and personal volunteer service.

Join us:

Tuesday, November 16<sup>th</sup>,  
10:00-11:00AM at the  
[Meredith Public Library](#)

Thursday, November 18<sup>th</sup>  
10:00-11:00AM at the  
[Moultonborough Library](#)

CHMM Community Caregivers volunteers make a direct impact on the daily lives of our neighbors.

To make a reservation,  
please call 253-9275 today.



## SAVE THE DATE



The 15<sup>th</sup> annual Festival of Trees sponsored by the Altrusa Club of Meredith will be open to the public December 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup>. Waukegan Golf Club will be transformed into a winter wonderland of decorated trees donated by nonprofit organizations such as Community Caregivers, local businesses, individuals, and clubs. When the Festival closes, our tree will be donated to a needy family in the area.

CHMM Community Caregivers will also participate in the Plymouth Common Man Inn and Spa Festival of Trees. The event will be open to the public for the month of December. Our tree will be on display with others from the nonprofit community. Stop by, view the many unique trees, and vote for the Caregivers tree.

Volunteer support is needed to deliver, decorate, and take down the trees. Start your holiday season early and make a difference.

## HAPPY BIRTHDAY SERVICELINK!!!

The *ServiceLink Resource Centers* network in New Hampshire consists of thirteen community-based ServiceLink Resource Centers and many satellite offices with the common purpose of providing information and supportive referrals about resources for older adults, adults living with disabilities, chronic illness, and their families and caregivers.

ServiceLink celebrated its 10th anniversary during the Senior Wellness Festival September 23rd at the Belknap Mall in Belmont. More and more of our neighbors and contacts are relying on Caregivers as a resource for personal needs. We congratulate ServiceLink and look forward to our continuing cooperation, meeting the needs of neighbors in the Lakes Region

## GETTING TO KNOW YOU

Continuing our articles focusing on our Volunteers, this edition features ALICE CAPOWSKI and MILLE, her constant companion.

Alice inquired about becoming a volunteer after she received an annual appeal letter offering opportunities for volunteers with Community Caregivers. Having rejected Laconia as "too far to drive" for a volunteer spot, she laughingly looks back at the distances she has traveled assisting our neighbors. Her dog Mille has made fast friends with many of the regular neighbors Alice has driven and Alice herself has made new friends.

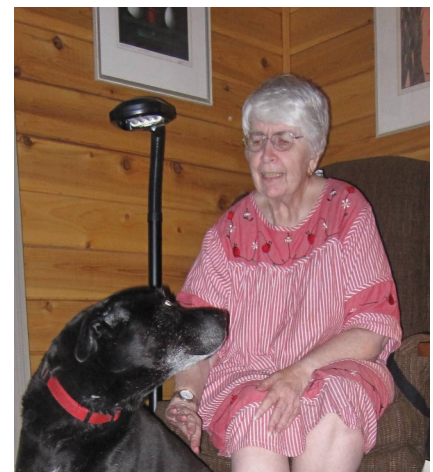
After shoulder surgery in the spring and because she lives alone, Alice

found that she herself needed the services of Caregivers. She said to herself, "I guess I'll have to call Caregivers." With her shoulder on the mend she no longer needs our transportation but remembers the kindness and friendship from other volunteers during her time of need. Alice highly recommends volunteering for CHMM Community Caregivers. She has had some wonderful experiences; met many, many people who are so grateful for the services they receive, and has discovered how to navigate through the back roads of Moultonborough, Center Harbor and Meredith.

Today, she laughs at thinking that Laconia is "too far". Welcome back

## MEET A VOLUNTEER!!

Alice, keep up with those exercises, our neighbors and our coordinators miss both you and Mille.



## NH Designer Showhouse 2010 It's a Wrap!

CAROL F. GERKEN, EXECUTIVE DIRECTOR

The For All Seasons Gala event was held July 23<sup>rd</sup> at Meredith Bay and provided an exclusive Showhouse preview for guests to enjoy. The panoramic views at sundown set the scene for a memorable evening. Opening July 24<sup>th</sup> to rave reviews, the NH Designer Showhouse 2010 presented visitors with a unique experience as the regions finest craftsmen, merchants, and interior designers came together to create an extraordinary home for the public to tour. The leadership team, Meredith Bay, the Showhouse Planners, CHMM Community Caregivers and Community Health & Hospice, demonstrated

what can be achieved when community and creativity unite to make a difference for our neighbors.

As two of the Lakes Regions most valuable nonprofit organizations, CHMM Community Caregivers and Community Health & Hospice are grateful to have been chosen to benefit from the Showhouse.

Thank you to all the community volunteers, friends and supporters from both organizations, business partners, local authors, donors of silent and live auction items, and Showhouse visitors.



## NH Designer Showhouse 2010

Visitors---1100+

Volunteers---222

Volunteer hours---1200

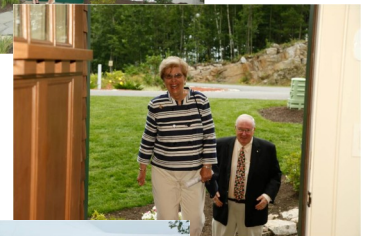
Gala Guests---197

Booties used---600  
pairs, recycled

First Aid Kit used---  
the very first day

**DIRECT IMPACT ON  
OUR NEIGHBORS-**

**PRICELESS**





CHMM Community Caregivers, Inc.  
P.O. Box 78  
Center Harbor, NH 03226

NONPROFIT ORG  
US POSTAGE PAID  
CENTER HARBOR NH  
PERMIT NO 42

*Our Annual Appeal begins in October!  
Please look for your personal letter  
and consider the importance of your donation to our  
Neighbors in need in Center Harbor, Meredith and Moultonborough*

**If you haven't seen the new office for CHMM Community Caregivers come for a visit soon.**

**Our location is on the 2nd floor of the Century 21 Building, Harbor Square**

**60 Whittier Highway, Unit 8B, Moultonborough.**

**Entrance is at the back of the building and up the stairs.**



**This newsletter is published through a grant provided by the Caswell Foundation**

**Visit us on the web at**  
[www.chmmcommunitycaregivers.org](http://www.chmmcommunitycaregivers.org)

Feel free to contact us at any time with any feedback,  
questions or needs; we welcome your input.

Office phone: **253-9275**

Email: [hilda.caregivers@gmail.com](mailto:hilda.caregivers@gmail.com)